



Film Sessions May - July 2023



Welcome to enjoy movies that spark many talking points with likeminded people.

Fee: \$5

Everyone Welcome



Talking Story

Healers and spiritual leaders from diverse world cultures tell of their fight to preserve culture and the importance of maintaining the different ways each culture perceives the world. We see, in these intimate portraits of healers and spiritual leaders, that they are both human and divine. This journey into indigenous traditions shows us an expanded worldview, and we find a deeper connection between modernity and ancient traditions.

Friday 5 May 6-7:45pm



Healing Emotional and Physical Trauma

How to rewire your brain and reclaim happiness, clarity and balance after tragedy and trauma. An extraordinary healing tool for PTSD. Proven ways to express emotions that cannot be spoken out loud. A major leap in biotechnology which is reversing physical trauma in professional athletes. A fast and easy questionnaire that will tell you whether your brain and body are traumatised or not. This is from the series Proven: Healing Breakthroughs, Backed by Science.



It will be followed by a short film: Albert Lyrebird.

Thursday 11 May 1-3pm

Friday 19 May 6-7:45pm



The Yoga of Time Travel

After publication of his book The Yoga of Time Travel: How the Mind Can Defeat Time, Fred Alan Wolf contributed to the films What the Bleep Do We Know, and The Secret. Wolf is a much-published American theoretical physicist specializing in the relationship between physics and consciousness.

Thursday 25 May 1-3pm

Friday 2 June 6-7:30pm



2040 (The Film)

John and Molly Chester trade city living for 200 acres of barren farmland and a dream to harvest in harmony with nature. Through dogged perseverance and embracing the opportunity provided by nature's conflicts, the Chesters uncover a biodiverse design for living that exists far beyond their farm, its seasons, and our wildest imagination.

Breathtaking cinematography, captivating animals, and an urgent message to heed Mother Nature's call. A blueprint for better living and a healthier planet.

Thursday 8 June 1-3pm

Friday 16 June 6-7:45pm



The Shadow Effect

Imagine stepping out of the self that you've known and breaking free of the bonds of your past. Deepak Chopra and Marianne Williamson join Debbie Ford to reveal the transformative power of your shadow – the parts of yourself that you dislike and disown – and invite you to step into the next evolution of yourself.

Thursday 22 June 1-2:30pm

Friday 30 June 1pm-3pm



Creating Miracles (Real Magic)

Step by step Dr. Dyer shows how to achieve a new and higher level of consciousness. He asks us to imagine what would make us happy – a powerful idea in itself – and then offers specific strategies for working miracles in everyday life: physical health, financial outlook and intimate relationships.

Thursday 6 July 1-2:45pm

Friday 14 July 6-7:45pm

The Burning Season

As the world faces the impacts of climate change, a young Australian environmental entrepreneur proposes a money making deal to protect the forests of Indonesia, save the orangutan from extinction, and redefine the Earth's future.

Thursday 20 July 1-2:45pm

Friday 28 July 6:00-7:45pm



Australian eco-thriller, winner of awards in 4 film festivals!

